

PLASTIC SURGERY

For your eyes only

Cosmetic eye surgery covers a spectrum of issues and needs to be customised to individual needs.



Dr Leslie Kuek
Plastic Surgeon

Cosmetic eye surgery refers to cosmetic eyelid surgery involving either the upper or lower eyelids, or both. Both the upper and lower eyelids have specific issues, depending on your age.

Among the young – those between 18 to 30 years of age – the most common reasons for cosmetic eye surgery is the absence of an upper eye fold or puffy eyelids.

Double eyelids

If the eye fold is absent, a plastic surgeon can create one using hidden stitches – no cutting is involved. It can be completed in 30 minutes and heals within a week. If the eyelid is puffy and heavy, then surgery is needed. The surgical

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wound, when healed, gives rise to the fold.

Lower eyelid muscle hypertrophy

Some patients are bothered by a thick roll of muscle below their lower eyelids which is accentuated when they smile. This can be treated with a few Botox injections that will soften the muscle, so that it appears less prominent. On the flip side, there has been a recent trend of patients seeking a slight roll below their lower eyelids, which they believe will draw attention to their eyes and make them ‘pop’. This fold can be created by injecting fillers into the area.

Droopy eyelids

Older patients face ageing problems. For some, the tissues on the upper eyelid start to droop and loosen, creating overhanging skin, and hiding the double eyelid, if you have it. This makes the eyes look tired. When it is severe, ptosis or droopy eyelids can affect vision. To correct it, minor surgery

is needed to remove the extra fat and skin and tighten the internal tissues, reducing wrinkles.

Eyebrow lift

The eyebrows, too, tend to droop as one ages. Doing an eyebrow lift can take years off your face.

Removing eyebags

Another problem many older people face is eye bags. When you have eye bags, the weight of the eye bag causes the edge of the eyelid to have a ‘bowing effect’, like an overstretched bow. Instead of a straight line, the eyelid looks curved or rounder and is less attractive.

As with droopy eyelids, minor surgery is done to remove extra fat and skin and tighten internal tissues. The shape of the lower eyelid also needs to be recreated to correct the ‘bowing effect’ or curvature of the lower eyelid.

Eye hollows

Hollowing of the lower and upper eyelid area arises due to the loss of fatty tissues. In this case, fillers are injected into the areas where there are hollows. If not done properly, the area could become lumpy.

Choosing a surgeon

Selecting the right plastic surgeon is important as there is little margin for error when performing eye operations and treatments need to be customised.

Vanity is not always the reason behind cosmetic eyelid surgery; there are sometimes medical reasons for doing it. One instance is when weakness of the upper eyelid diminishes vision which can affect both the young and old. Corrective plastic surgery can help with this problem.

While more popular with women, men are increasingly exploring cosmetic eye surgery to look younger and more rejuvenated.



Leslie Kuek
Plastic Surgery
38 Irrawaddy Road
#05-41 Mount Elizabeth
Novena Specialist Centre
Singapore 329563
Tel: 6472 2972
www.lesliekuek.com.sg