

- Use of junior doctors to operate the lasers (or nurses for non-laser treatments) without adequate supervision. This means they may not be able to handle complications that may arise.
- Treatments given without proper diagnosis, much like a factory production line, which may mean inappropriate treatment or worsening of an existing undiagnosed condition.
- Use of cheap fillers which are not HSA-approved. This has resulted in infection, nodules or migration in many patients.
- Liposuctions conducted without adequate safety measures and within time constraints, which have resulted in a few hospital admissions and one death.

The bottom line, says plastic surgeon Dr Colin Tham, is this: “Many aesthetic doctors know what to do when things go right. Properly trained specialists know how to avoid, recognise and react when things go wrong. Above all, our solemn oath is to ‘Do no harm’.



“ If you want to do something to make yourself look and feel better, get it done with professional safety and efficacy, by a licensed practitioner in a clinic with a safe and sterile environment, and with recognised products. ”

– By Dr Leslie Kuek, Plastic Surgeon

Top 10 plastic surgery cities

The International Society of Aesthetic Plastic Surgery Global Survey estimates there are over 30,000 plastic surgeons performing 17 million plastic surgeries around the world each year. The 10 cities listed below offer some of the top talent and best deals in the global plastic surgery market today.

